BEFORE THE NORTH CAROLINA STATE BOARD OF DENTAL EXAMINERS

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| IN THE MATTER OF: | | |
| ELIZABETH MAIN, R.D.H,<br>(License No. 5020) | )<br>)<br>) | CONSENT ORDER OF<br>CONDITIONAL REINSTATEMENT |

THIS MATTER is before the North Carolina State Board of Dental Examiners ("Dental Board" or "Board"), pursuant to N.C. Gen. Stat. §§ 90-231 and 150B-38, for consideration of the application for reinstatement of the dental hygiene license of Elizabeth Main, R.D.H. ("Petitioner"). Pursuant to the 21 NCAC 16U .0204, the Board held a settlement conference regarding this matter on September 12, 2025, with signed consent of the Petitioner. Attorney Landon White represented Petitioner, and Crystal S. Carlisle represented the Investigative Panel ("IP"). In lieu of a formal evidentiary hearing and pursuant to N.C. Gen. Stat. § 90-231(b), the parties freely and voluntarily consent to the following Findings of Fact and Conclusions of Law and to the entry of the Order of Conditional Reinstatement:

## FINDINGS OF FACT

1. The Dental Board is a body duly organized under the laws of North Carolina and is the proper party to bring this proceeding pursuant to the authority granted to it in Chapter 90 of the North Carolina General Statutes, including the Dental Hygiene Act in Article 16, and the Rules and Regulations of the North Carolina State Board of Dental Examiners, set forth in 21 North Carolina Administrative Code Chapter 16.

2. Petitioner was licensed to practice dental hygiene in North Carolina on June 21, 1994 and held license number 5020.

3. At all times relevant hereto, Petitioner was subject to the Dental Hygiene Act and the Board's rules and regulations promulgated thereunder.

4. On June 10, 2001, the Board received reports that Petitioner was practicing hygiene with an expired license. An investigation was conducted and revealed that Petitioner had practiced on two (2) occasions while her license was expired.

5. On June 9, 2004, Petitioner applied for reinstatement of her license, which was granted on August 16, 2004.

6. On June 15, 2025, the Board received information that Petitioner was again practicing with an expired license.

7. On June 17, 2025, a Board Investigator presented to the dental practice where Petitioner was working to speak with her. Petitioner left the office and did not speak with the Board Investigator.

8. The Board Investigator confirmed with the dentist and office manager of the practice that Petitioner had been working during the period from April 1, 2025 through the date of the Board Investigator's arrival. Her dental hygiene license had expired on March 31, 2025.

9. Petitioner attempted to contact the Board Investigator by telephone several times after she left the dental practice on June 17, 2025. She was able to reach the Board Investigator the following day, on June 18, 2025 and agreed to meet with him at the Board office. At this meeting, Petitioner informed the Board Investigator that she

was charged with DWI in February 2025 and did not want to disclose the charge on a renewal application.

10. Petitioner submitted a Petition for Reinstatement of her dental hygiene license on June 28, 2025.

11. The IP held a Prehearing Conference on July 10, 2025, where Petitioner disclosed the DWI and a history of alcohol dependence. The IP referred Petitioner to the North Carolina Caring Dental Professionals Program ("CDP") for evaluation.

12. Petitioner was professionally screened at CDP and entered into a five-year monitoring agreement.

13. On August 14, 2025, CDP's Clinical Director submitted a letter to the Board advocating for reinstatement of Petitioner's license, after confirming Petitioner's sustained abstinence since March 1, 2025 and her adherence to multiple recovery tools.

14. The Board held a Settlement Conference on September 12, 2025 concerning Petitioner's Petition for Reinstatement of her dental hygiene license.

15. After hearing Petitioner's statements and considering a forecast of the evidence to be presented at a hearing, including the advocacy letter from CDP, the Board determined that Petitioner has taken significant steps at recovery and reformation and, based on her recent compliance, currently does not appear to pose a threat to public health, safety, and welfare if allowed to resume practicing dental hygiene in strict compliance with certain essential terms and conditions set forth herein.

Based upon the Findings of Fact and the consent of the parties, the Board hereby enters the following:

## CONCLUSIONS OF LAW

1. The Board has jurisdiction over Petitioner and the subject matter of this case.

2. At all times in which Petitioner held a license, and in seeking reinstatement, Petitioner was subject to the Dental Hygiene Act and the Board's rules and regulations promulgated thereunder.

3. Petitioner demonstrated that she is compliant with the conditions set forth in her CDP contract and that she can safely resume the practice of dental hygiene under certain conditions.

4. Considering Petitioner's history with substance use and practicing without an active dental hygiene license spanning more than twenty-four (24) years, protection of the public in the future requires that certain restrictions be placed on her ability to practice dental hygiene .

Based upon the foregoing Findings of Fact and Conclusions of Law and with the consent of the parties hereto, the Board enters the following:

## CONSENT ORDER OF CONDITIONAL REINSTATMENT

1. Petitioner shall be conditionally granted reinstatement of her license to practice dental hygiene in the state of North Carolina subject to fully complying with the following probationary terms and conditions indefinitely:

(a) Petitioner shall continue participation in CDP, remain in the program, and fully comply with all terms of her participation agreement with CDP, including any addendum proposed by CDP after the date of this Order;

(b) Petitioner shall not possess or use any controlled substances, alcohol, or any other mood-altering substance unless it is both (i) prescribed for her in the usual course of professional treatment and (ii) approved by CDP in advance of its use;

(c) Petitioner shall sign a release with CDP permitting it to release information to the Board, including reports, either monthly or upon its request, regarding her progress in the program, treatment information, and authorizing it to report any substance screens to the Board immediately upon notification to CDP, and revoking or withdrawing a release or authorization for the Board would constitute a violation of this Consent Order and her conditional reinstatement;

(d) Petitioner shall submit to interviews by the Board or its authorized agent at the dental office where she is employed, during regular office hours, unless a mutually convenient alternative time can be arranged. Petitioner also shall provide each employer with a copy of this Consent Order prior to beginning any employment and arrange for the Board or its agent to interview her employer and co-employees during regular office hours.

(e) Petitioner shall give written notice to the Board of the street and mailing addresses of both her place(s) of employment and residence. Petitioner shall notify the Board of any changes in either address within ten days of the change; and

(f) Petitioner shall violate no provision of the Dental Hygiene Act or the Board's rules and regulations.

2. The Board recognizes that the conditions, limitations, or requirements set forth in this Consent Order may present Petitioner with certain practical difficulties. The Board concludes that each one is necessary to ensure public protection, and it does not intend to modify or eliminate any of the conditions, limitations, or requirements set forth herein based on such potential difficulties during the term of this Consent Order.

3. At the end of Petitioner's five-year CDP contract, Petitioner may submit a written petition to terminate the conditions and provisions in this Consent Order if she can provide evidence and documentation of full compliance with the Consent Order during that time. The Board may determine in its discretion whether protection of the public warrants modification or termination of the conditions and provisions in this Consent Order at that time.

4. If Petitioner violates any term of this Consent Order or breaches any term or condition of the reinstatement of her license, the Board will promptly schedule a hearing to require Petitioner to show cause why her dental hygiene license should not be suspended. This sanction shall be in addition to and not in lieu of any sanction that the Board may impose as a result of future violations of the Dental Hygiene Act or the Board's rules.

5. The Board shall retain jurisdiction of this matter and Petitioner to enforce the provisions herein or enter orders as necessary in the future.

This the 6th day of October 2025.

THE NORTH CAROLINA STATE
BOARD OF DENTAL EXAMINERS

Casie S. Goode
Director of Investigations

## STATEMENT OF CONSENT

I, Elizabeth Main, R.D.H., do hereby certify that I have read the foregoing Consent Order in its entirety. I assent to its terms and conditions set out herein freely, voluntarily, and without coercion or duress. I acknowledge that there is sufficient evidence to form a factual basis for the findings of fact herein, that the findings of fact support the conclusions of law, and that I will not contest the findings of fact, the conclusions of law, or the order in any future proceedings before or involving the Board. I knowingly waive any right to seek judicial review, appeal, or otherwise later challenge this Consent Order once entered. I agree to service of the Consent Order to the email of my counsel and waive service by any other method. I understand that the Board will report the contents of this Consent Order to the National Practitioner Data Bank and that this Consent Order will become part of the Board's permanent public record. I further acknowledge that this required reporting may have adverse consequences in other contexts and any potential effects will not be the basis for a reconsideration of this Consent Order. I have had the opportunity to consult with my attorney, Landon White, prior to signing this Consent Order.

This the 3 day of Oxtober 2025.

Elizabeth Main (Oct 3, 2025 15:46:49 EDT)

Elizabeth Main, R.D.H.