

1 21 NCAC 16I .0206 is adopted as published in 36:22 NCR 1799-1800 as follows:

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3 **21 NCAC 16I .0206 CONTINUING EDUCATION ON SUBSTANCE ABUSE AND MENTAL HEALTH**

4 (a) Every two calendar years, each dental hygienist shall complete one clock hour of continuing education on  
5 substance abuse and mental health. To count toward this requirement, the course shall be:

6 (1) designed to address relevant issues for dental professionals, including substance abuse, chemical  
7 dependency, impairment, and mental health disorders; and

8 (2) offered by a Board-approved sponsor as set out in Rule .0202(b) of this Section.

9 (b) The continuing education requirement set out in Paragraph (a) of this Rule may be completed through a self-study  
10 course that satisfies Subparagraphs (a)(1) and (2) of this Rule. The dental hygienist shall pass a test administered by  
11 the self-study course sponsor and obtain a certificate of completion from the sponsor.

12 (c) Every two calendar years, a dental hygienist may apply one clock hour of a course meeting the requirements of  
13 this Rule toward the total number of continuing education hours required pursuant to Rule .0201(a) of this Section.

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15 *History Note: Authority G.S. 90-223; 90-225.1;*

16 *Eff. October 1, 2022.*