

PAIN MANAGEMENT IN DENTISTRY

OPIOIDS, SUBSTANCE USE DISORDERS AND MORE

Choose one or both

Part A - Eastern AHEC
June 17, 2022
8:30 a.m. - 1:30 p.m.
Live Webinar (Zoom)



Part B - Greensboro AHEC
June 24, 2022
8:30 a.m. - 12:30 p.m.
In Person

Guilford Technical Community College
Conference Center
7908 Leabourne Road
Colfax, NC 27235

This continuing education activity has been planned and implemented in accordance with the standards of the ADA Continuing Education Recognition Program (ADA CERP) through joint efforts between Eastern AHEC Dental Continuing Education, Greensboro AHEC Dental Continuing Education, and the NC Department of Health and Human Services (Division of Public Health).

Pain management in Dentistry: Opioids, Substance Use Disorders and More (Part A)

Nearly five years since the federal government declared the U.S. opioid epidemic as a public health emergency, the country continues to experience high rates of opioid related hospitalizations and overdose deaths. The COVID-19 pandemic has worsened the drug overdose epidemic, contributing to an increase in overdose deaths in nearly every state since April 2020. This version of the epidemic is driven by other drugs such as illicit fentanyl, methamphetamine and cocaine, signaling a growing problem of substance use disorders and access to appropriate treatment.

This two-part workshop will include an overview of the opioid epidemic in North Carolina and provide participants with the knowledge and tools necessary to effectively manage patients' acute and chronic orofacial pain with consideration for known and possible substance use disorders. Part A will be in didactic/lecture format, while Part B will be a hands-on workshop with motivational interviewing skill building exercises. This workshop satisfies the opioid continuing education requirement as per the North Carolina State Board of Dental Examiners.

Objectives

Upon completion of this live activity, participants will be able to:

The Opioid Epidemic: North Carolina Updates & Dental Opioid Action Plan

- Discuss North Carolina overdose trends and data updates
- Review the NC Dental Opioid Action Plan

Oral Health and the Opiate Crisis

- Describe the progression of addiction from nociception to suffering
- Define risk factors for potential for medication misuse or addiction
- Illustrate signs and symptoms of substance abuse used to make the diagnosis of substance abuse disorder
- Evaluate evidenced based alternatives to opiates for dental pain

NC Prescription Drug Monitoring Program

- Review the NC Prescription Drug Monitoring Program
- Describe the information available to prescribers and dispensers through the NC Controlled Substances Reporting System (CSRS)
- Identify how the CSRS may be used in your practice

NC Controlled Substances Reporting System: Personal Testimony

- Discuss the use of the CSRS in private practice

Acute Post-Operative Pain Control: Limiting Opioids While Addressing Pain

- Define Acute vs Chronic pain
- Review the historical influence of opioid use in pain management
- Outline the difference in opioid and non-opioid pain medications
- Discuss opioid prescriptions as they relate to specific populations
- Discuss research on pain management specific to post-operative dental pain
- Compare and discuss UNC trial and ADA regimens for post-operative pain management
- Describe the "shared responsibility" of a multi-modal post-operative pain regimen
- Identify predictors for post-operative pain levels

Management of Complex Patients: Chronic Dental Pain, Mental Health and Substance Use Disorders

- Review best practice for assessing dental pain
- Recognize components of an active substance use disorder (behavioral, cognitive, physiological)
- Identify best practice for referral and collaboration when co-treating patients with a substance use disorder with clinicians

Who Should Attend

Dentists, Hygienists, Dental Assistants and other members of the dental team who regularly interact with patients.

Agenda for Part A (Friday, June 17, 2022 – Virtual via Zoom)

8:00-8:30 a.m. – Participants Log On via Zoom

8:30-8:45 a.m. – Welcome and Introduction

Rhonda Stephens, DDS, MPH

Dental Public Health Residency Director and
Grants Administrator
NC DHHS - Division of Public Health

Mary Stuart Peaks, MPH, CHES

Assistant Director, Continuing Medical, Dental &
Pharmacy Education
Brody School of Medicine at ECU and Eastern
AHEC

**8:45-9:15 a.m. - The Opioid Epidemic: North
Carolina Updates & Dental Opioid Action Plan**

Anna Stein, JD, MPH

Legal Specialist
Chronic Disease and Injury Section
Division of Public Health, NC DHHS

Mary Beth Cox, MPH

Substance Use Epidemiologist
Injury and Violence Prevention Branch
Chronic Disease and Injury Section
Division of Public Health, NC DHHS

**9:15-10:00 a.m. - Oral Health and the Opiate
Crisis**

Michael Lang MD, FACP, DFAPA

Program Director, Internal Medicine/Psychiatry
Residency
Clinical Associate Professor & Vice-Chair,
Department of Psychiatry & Behavioral
Medicine
The Brody School of Medicine at East Carolina
University
Chief of Service for Behavioral Health, Vidant
Medical Center

**10:00-11:00 a.m. - NC Prescription Drug
Monitoring Program**

Stephanie Johnson, MPH, MBA

Manager, PDMP Utilization Project, North
Carolina Controlled Substances Reporting
System
Division of Mental Health, Developmental
Disabilities & Substance Abuse Services
NC Department of Health and Human Services

**11:00-11:15 a.m. – NC Controlled Substances
Reporting System: Personal Testimony**

Mark Johnson, DDS

Private Practice
Oral and Maxillofacial Surgery Faculty, ECU
School of Dental Medicine
General Practice Residency Program, ECU
School of Dental Medicine

11:15 a.m. – BREAK

**11:30 a.m. - 12:30 p.m. - Acute Post-Operative
Pain Control: Limiting Opioids While
Addressing Pain**

Elda Fisher, DMD, MD, FACS

Associate Professor
Program Director, Residency Program in Oral
and Maxillofacial Surgery
Division of Craniofacial and Surgical Care
Adams School of Dentistry, University of North
Carolina at Chapel Hill

**12:30-1:20 p.m. - Management of Complex
Patients: Chronic Dental Pain, Mental Health
and Substance Use Disorders**

Stevan H. Thompson, DDS

Clinical Associate Professor
Surgical Sciences
Division Director, OMS
Diplomate ABOMS/ABOMP
Fellowship, Vascular Anomalies
ECU School of Dental Medicine

**1:20-1:30 p.m. – Closing Remarks and Part B
Overview**

Rhonda Stephens, DDS, MPH

Dental Public Health Residency Director and
Grants Administrator
NC DHHS - Division of Public Health

1:30 p.m. - Adjourn

Credit



Credit Statement

The North Carolina Area Health Education Centers are an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The North Carolina Area Health Education Centers designate this activity for up to 4.25 hours of continuing education credits.

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Disclosure Statement/Conflict of Interest

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The participant must complete the entire program in order to be awarded the 4.25 hours of credit. Partial credit will not be awarded.

Other Healthcare Professionals:

EAHEC Contact Hours: Certificates will reflect 4.25 contact hours.

Certificates will be awarded after the participant completes the evaluation.

Registration

Registration for Part A is online only at www.easternahec.net and requires a current MyAHEC account. Registration will close the day before the program at 12:00 p.m.

REGISTRATION FEE for Part A: \$25.00

NC AHEC Cancellation/Refund Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

Webinar Information

A link and information regarding joining via webinar will be included in your confirmation email. [Click here](#) for technical requirements and privacy information.

NC AHEC Photo Policy

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information. Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the ADA coordinator at least five days prior to the event at 252-737-1018 / ada-coordinator@ecu.edu.

All Rights Reserved Statement

You may not record, reproduce, publish, distribute, modify, create derivative works, or transmit any program content and/or material presented during continuing professional development (CPD) activities. Continuing professional credit will not be given for unauthorized copied and transmitted recordings of any CPD programs and other activities. Prior registration and attendance are required to receive continuing professional credit.

Pain Management in Dentistry: Opioids, Substance Use Disorders and More (Part B)

Nearly five years since the federal government declared the U.S. opioid epidemic as a public health emergency, the country continues to experience high rates of opioid related hospitalizations and overdose deaths. The COVID-19 pandemic has worsened the drug overdose epidemic, contributing to an increase in overdose deaths in nearly every state since April 2020. This version of the epidemic is driven by other drugs such as illicit fentanyl, methamphetamine and cocaine, signaling a growing problem of substance use disorders and access to appropriate treatment.

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Objectives

Upon completion of this live activity, participants will be able to:

Patient Screening: Strategies to Identify Substance Use Disorders, including Opioid Misuse and Abuse

- Identify patient-centered rationale for asking sensitive subject matter
- Identify relevant screening questionnaires and interview questions for assessing substance use/misuse risk
- Recognize importance of discussing and documenting risk factors with the patient and the need to reinforce mental health/SUD treatment
- Recognize importance of communication with other providers

Brief Motivational Interventions: Strategies for Successful Management of the Complex, Non-Adherent Dental Patient

- Describe the theoretical basis for motivational interventions
- Describe the 4 guiding principles of motivational interviewing
- Explain 3 basic strategies or techniques of motivational interviewing

Motivational Interviewing Workshop: Case Study Breakout Sessions

- Demonstrate motivational interviewing
- Develop a pain management plan for the high-risk dental patient

Care Connections: Collaboration, Referral and Patient Resources

- Review possible barriers to interprofessional care
- Identify strategies to mitigate those barriers
- Discuss the importance of reviewing relevant sensitive patient information with co-treating clinicians
- Identify state and local resources for SUD/MH specialists

Who Should Attend

Dentists, Hygienists, Dental Assistants and other members of the dental team who regularly interact with patients.

Agenda for Part B (Friday, June 24, 2022 – In-Person Workshop)

**8:00-8:30 a.m. – Participants Check-In
Onsite/Light Breakfast**

8:30-8:45 a.m. – Welcome and Introduction

**8:45-9:15 a.m. - Patient Screening: Strategies
to Identify Substance Use Disorders,
including Opioid Misuse and Abuse**

Scott Luetgenau, MSW, LCAS

Founder, Gatespring Consulting
Board Member, Addiction Professionals of
North Carolina
Advisor, City of Raleigh Substance Use Advisory
Commission

**9:15-9:45 a.m. - Brief Motivational
Interventions: Strategies for Successful
Management of the Complex, Non-Adherent
Dental Patient**

Zachary A. Brian, DMD, MHA

Vice President for Impact, Strategy, and
Programs
The Foundation for Health Leadership &
Innovation
Director, North Carolina Oral Health
Collaborative

Stephen P. Hebard, PhD

Chief Innovation Officer
Prevention Strategies, LLC
Member, Motivational Interviewing Network of
Trainers (MINT)

**9:45-9:55 a.m. - Case Study Breakout Session:
Overview and Instructions**

9:55-10:05 a.m. - Break

**10:05-11:50 a.m. - Motivational Interviewing
Workshop: Case Study Breakout Sessions**

10:05 a.m. - #1 The Adolescent Patient

10:40 a.m. - #2 The Elderly Patient

11:15 a.m. - #3 The Patient of Childbearing Age

11:50-11:55 a.m. - Transition Back to Full Group

**11:55 a.m. - 12:15 p.m. – Care Connections:
Collaboration, Referral and Patient Resources**

Deepa Avula, MPH

Director, NC Division of Mental Health,
Developmental Disabilities and Substance
Abuse Services
NC Department of Health and Human Services

12:15-12:30 p.m. - Closing Remarks

12:30 p.m. - Adjourn

Credit



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The participant must complete the entire program in order to be awarded the 3.25 hours of credit. Partial credit will not be awarded.

Other Healthcare Professionals:

Contact Hours: Certificates will reflect 3.25 contact hours.

Certificates will be awarded after the participant completes the evaluation.

Registration

Registration for Part B is online only at <https://www.gahec.org/> and requires a current MyAHEC account. NOTE: Space is limited to the first 50 registrants. Please review the COVID-19 Seating Statement below.

REGISTRATION FEE for Part B: \$35.00

NC AHEC Cancellation/Refund Policy

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Americans with Disabilities Act



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COVID-19 Seating Statement

Conference seating will be limited based on NC public health guidelines for gatherings to continue to slow the spread of COVID-19. Additional guidance for attending the conference will be emailed to you one week prior to the conference. More information/live program updates will be posted to @GREENSBOROAHEC.

All Rights Reserved Statement

You may not record, reproduce, publish, distribute, modify, create derivative works, or transmit any program content and/or material presented during continuing professional development (CPD) activities. Continuing professional credit will not be given for unauthorized copied and transmitted recordings of any CPD programs and other activities. Prior registration and attendance are required to receive continuing professional credit.